

Monday	Tuesday	Wednesday	Thursday	Friday
		1 11AM Water Aerobics at YMCA	2 Independent Living Studio Skills	3 10AM – Dance Cardio with YMCA
6 S. O. MATP – Afternoon 9:30 AM Community Crew @ Baylor Faith in Action 12:30 PM Adaptive Yoga Class	7 10-12PM – Library Trip 12PM Bocce Ball Practice	8 11AM Water Aerobics at YMCA Weekly Academic Lessons	9 12 PM Show @ Medieval Times*	10 10AM – Dance Cardio with YMCA
13 S. O. MATP – Afternoon 12:30 PM Adaptive Yoga Class	14 10-12PM – Library Trip Art Project Collaboration 12PM Bocce Ball Practice	15 11AM Water Aerobics at YMCA 10 AM Texas Winds Concert	16 Weekly Academic Lessons	17 10AM – Dance Cardio with YMCA
20 S. O. MATP – Afternoon 12:30 PM Adaptive Yoga Class	21 10AM Community Crew @ Dallas LIFE Homeless Shelter 12PM Bocce Ball Practice	22 11AM Water Aerobics at YMCA Weekly Academic Lessons	23 Art Project Collaboration Recycling & Restocking Shredder Materials	24 10AM – Dance Cardio with YMCA
27 S. O. MATP – Afternoon 9 AM Yoga Class at CorePower & Whole Foods Trip*	28 10-12PM – Library Trip 12PM Bocce Ball Practice	29 11AM Water Aerobics at YMCA Weekly Academic Lessons	30 Art Project Collaboration	31 10AM – Dance Cardio with YMCA



Vocational Skills  
Community Inclusion  
Independent Living Skills  
Academics/Continuing Ed.  
Health, Fitness, & Nutrition

ILS – Independent Living Skills  
BFIA – Baylor Faith in Action  
MATP – Motor Activities Training Program

\*Associated Costs

\*\*Date for Yoga at CorePower & Whole Foods is Subject to Change